

| Date                | Choice 1                         | Choice 2                        |
|---------------------|----------------------------------|---------------------------------|
| Mon 20/11/17        | Pickled pork                     | Beef sausages                   |
| Tue 21/11/17        | Chicken drumsticks               | Meat ravioli and tomato sauce   |
| Wed 22/11/17        | Lamb chops                       | Quiche                          |
| Thu 23/11/17        | Beef stew                        | Curried eggs                    |
| Fri 24/11/17        | Salmon bake mornay               | Savoury mince                   |
| Sat 25/11/17        | Beef lasagne                     | Chicken drumsticks              |
| Sun 26/11/17        | Pork sausages and onion gravy    | Beef cold cut                   |
| Mon 27/11/17        | Dutch ham loaf and plum sauce    | Beef sausages                   |
| Tue 28/11/17        | Chicken and sweet/sour sauce     | Spaghetti bolognaise            |
| Wed 29/11/17        | Savoury beef mince               | Quiche                          |
| Thu 30/11/17        | Roast beef and gravy             | Lambs fry and bacon             |
| Fri 01/12/17        | Pan fried fish fillets           | Savoury mince                   |
| Sat 02/12/17        | Meat balls parmigiana            | Chicken drumsticks              |
| Sun 03/12/17        | Sausage casserole                | Sliced ham                      |
| Mon 04/12/17        | Silverside and white onion sauce | Beef sausages                   |
| Tue 05/12/17        | Chicken curry                    | Egg and bacon bake              |
| Wed 06/12/17        | Savoury mince                    | Quiche                          |
| Thu 07/12/17        | Roast pork and gravy             | Steak and kidney casserole      |
| Fri 08/12/17        | Pan fried fish fillets           | Savoury mince                   |
| Sat 09/12/17        | Rissoles                         | Sliced ham                      |
| Sun 10/12/17        | Meat pie                         | Chicken drumsticks              |
| Mon 11/12/17        | Grilled ham loin steak           | Beef sausages                   |
| Tue 12/12/17        | Chicken drumsticks               | Penne with ham and tomato sauce |
| Wed 13/12/17        | Meat loaf                        | Quiche                          |
| Thu 14/12/17        | Beef stroganoff                  | Eggs mornay                     |
| Fri 15/12/17        | Crumbed fish fillets             | Savoury mince                   |
| Sat 16/12/17        | Pork sausages and gravy          | Beef cold cuts                  |
| <b>Sun 17/12/17</b> | <b>Roast chicken</b>             | <b>Beef lasagne</b>             |

Regards  
Westminster House Robina

